



Pelvic Inflammatory Disease

Published Articles

Pelvic Pain and Organic Dysfunction Syndrome Helped with Flexion Distraction

Browning JE: The mechanically induced pelvic pain and organic dysfunction syndrome: an often overlooked cause of bladder, bowel, gynecologic, and sexual dysfunction. *J Of The Neuromusculoskeletal System* 1996; 4(2):52-66

Pelvic pain and organic dysfunction (PPOD) syndrome has recently been described in the literature. Most PPOD patients present to the chiropractor as a result of low back and/or leg pain syndromes.

Type I PPOD Patient: These patients present with low back and/or leg pain in addition to pelvic pain and either no changes in pelvic organic function or relatively mild disturbances of bladder, bowel, gynecologic, or sexual function.

Type II PPOD Patient: These patients present predominantly with symptoms of pelvic organic dysfunction. They generally complain of low back and/or leg pain and more severe and widespread symptoms of pelvic pain and pelvic organic dysfunction.

Each patient is tested for tolerance to the procedure according to guidelines of Cox et al. (5th edition *Low Back Pain*) Type I patients can be treated either with or without the application of the ankle cuffs. By contrast, ankle cuffs are never used on Type II patients during the initial phase of care.

The stabilization contact is made one to two segments above the level of the lesion.

Females with Chronic Pelvic Pain Helped with Flexion Distraction

Hawk C, Long C, Azad A: Chiropractic care for women with chronic pelvic pain: a prospective single-group intervention study. *J Of The Neuromusculoskeletal System* 1997; 20(2):73-9

The researchers set out to assess the role of chiropractic care for women with chronic pelvic pain as a first step in designing a randomized clinical trial.

Nineteen volunteer female subjects meeting inclusion/exclusion criteria for chiropractic treatment of chronic pelvic pain were included. Chiropractic treatment consisting of flexion/distraction and trigger point techniques administered by faculty clinician over a period of 6 wk. Eighteen subjects completed the study, with an attrition rate of 5%. The chiropractic treatment used in this study has positive short-term effects.