

## COX® FLEXION DISTRACTION SHOWED ALMOST NO ADVERSE SIDE EFFECTS IN ITS CLINICAL APPLICATION OF MANIPULATION COMPARED TO OTHER FORMS OF SPINAL MANIPULATION

Distributions of injuries associated with adjusting techniques and specifically training-related activities at Parker College of Chiropractic, 2006 (student perception of injury sources)

<u>Adjusting Technique</u>		<u>injuries from adjusting</u>	<u>injuries from being adjusted</u>
Diversified	280 cases	61	74
Thompson	142 cases	3	25
Gonstead	135 cases	31	39
Cox F/D	54 cases	0	1

Read the whole article for yourself!

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Ndetan, H, Rupert R, Bae S, Singh, K: Prevalence of musculoskeletal injuries sustained by students while attending a chiropractic college. *Journal of Manipulative and Physiological Therapeutics* 2009;32(2):140-48