



Cox® SEMINARS

answer the question:

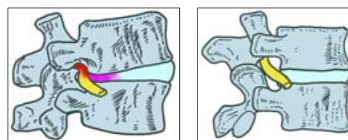
What is DECOMPRESSION?
It is CHIROPRACTIC.

Come learn FLEXION-DISTRACTION and DECOMPRESSION ADJUSTING protocols to add to your adjusting options, hear the CHIROPRACTIC RESEARCH behind chiropractic decompression adjusting.

A chiropractic technique, HANDS-ON COX® FLEXION-DISTRACTION AND DECOMPRESSION ADJUSTING effectively relieves pain in the toughest spinal pain condition patients (disc herniation & stenosis) as well as the not-so-tough patients (sprains, facet syndrome, headache) who want and need gentle, doctor-controlled, research-supported treatment of their spinal pain problems.

- BIOMECHANICS of the Spine
- EXAMINATION & DIAGNOSIS of Low Back Pain Patients
- EFFECTS of Cox® Technic flexion-distraction protocols
- RESEARCH SUPPORT showing FLEXION-DISTRACTION

1. Reduces Intradiscal Pressure to ~192mmHg
2. Decompresses the Spinal Column by increasing the foraminal area by 28%
3. Increases the Intervertebral Disc Height
4. Adjusts facet joints & restores normal motion
5. Delivers Maximum Improvement in 90 DAYS for 91% of patients in the 1000 cases study, not taking into account the specific conditions. (*Topics in Clin Chiro*)
6. Relieves RADICULOPATHY patients' pain better when compared to active exercise (PT) therapy (*European Spine Journal*)
7. Shows a reduction in patients' healthcare visits a year after care compared to active exercise patients (*European Spine Journal*)
8. Provides more relief of chronic low back pain compared with active exercise (*European Spine Journal*)



Pain

Relief

CE hours via



"When I go to a Cox® Seminar, I always have a sense that I and my profession have finally arrived. The research, the precision of the technique, the excellence in every aspect is what I expect... it is the standard."

-- Paul Pride, DC

1-800-441-5571

www.coxtechnic.com

Cox® Certification Coursework

Overview:

The Certification Courses create well-educated, well-trained, and confident chiropractic physicians who *invite the tough cases* — the disc and stenosis cases — as enthusiastically as other more common spine pain patients. Hands-on practice at Part I is introductory and at Part II is more intense and available. Cervical Spine is introduced at Part I and built on with more hands-on at Part II. Clinical Practice application comes together at Part III.

Details:

- * 3 weekends
 - Part I offered in various cities
 - Part II offered once a year — "certified" after passing exam
 - Part III is OPTIONAL but offers special syllabi for keeping up with Cox® Technic advances.
- * Practical Exam is offered ONLY at Part II.
- * Syllabi are available for review. They follow in this packet.
- * Referral Directory Listing upon completion — www.coxtechnic.com/referrals.asp
- * CE hours applied for each course (Confirm with registrar.)

"You can [sic] learn a technique that will [sic] put you in the top 10% of the profession by being able to better diagnose ... and better treat low back conditions. You can increase the sophistication of your practice."

Types of Training:

- 4 hours (non-CE hours) hands-on workshops with certified doctors
- 12 hours Part I Certification Courses — *Introductory*
 - **What is Cox® Technic? The Basis**
 - Students at schools with approved Cox® Technic courses/instructors are exempt from Part I & may take Part II and the certification course exam.
 - 12 hours **SCHEDULE TIMES:** Saturday 8a-5p / Sunday 8a-noon
- 18 hours Part II Certification Courses
 - **How is Cox® Technic Applied?**
 - The certification exam is offered only at Part II. Once the exam is "passed", inclusion in the referral directory is arranged.
 - Practical Certification Exam offered
 - **SCHEDULE TIMES:** Friday 1p-7p / Saturday 8a-6p / Sunday 8a-noon
- 12 hours Part III Certification Courses
 - **How Does Cox® Technic fit into Healthcare? What are clinical outcomes? How does Cox® Technic fit into the chiropractic practice?** What advances have been made in Cox® research, etc.?
 - Summaries of prior courses are available — 2006, 2007.
 - **A specially designed course for certified doctors with a unique syllabus as an alternative for doctors to recertify.**
 - NOTE: Certified doctors only may register until 1 month prior to the course. After that, anyone may register to attend to capacity.
- Day at Cox® Clinic — limited to one doctor attendee a day!
- State conventions — hours & syllabus vary

Cox® Seminars 2010 *

Locations & Hotels

Dates	Course	Sponsor / Co-sponsor	Location	Closest Airport	Hotel Accommodations	Room Rates <i>Ask for "Cox Seminar" rates</i>	CE Hours applied	Tuition	Times for Course	Scheduled Instructor(s)
July 17-18, 2010	Introductory Cox® Technic Certification Course Part I *	F/D Enterprise LLC	Boston MA	BOS	Hyatt Harborside @ airport 101 Harborside Dr. Boston MA 02128 (617)568-1234	\$149 sgl/dbl +tax until 6/25/10 Free shuttle to/from airport Free fitness center	12	F/D	Saturday 8am-6pm Sunday 8am-Noon	Kruse
Sep 18-19, 2010	Introductory Cox® Technic Certification Course Part I *	F/D Enterprise LLC	Portland OR	PDX	Hyatt Place @ airport PDX 9750 NE Cascades Pkwy. Portland OR 97720 (503)288-2808	\$86 +tax until 9/7/10 Free shuttle to/from airport Free parking	12	F/D	Saturday 8am-6pm Sunday 8am-Noon	Hazen
Oct 9-10, 2010	Cox® Technic PART III * <i>Multidisciplinary Care of Spine Pain & Cox® Technic</i>	F/D Enterprise LLC	Fort Wayne IN @ Lutheran Hospital, Kachmann Auditorium	FWA	Holiday Inn Express 5915 Ellison Road Fort Wayne IN 46804 (260)459-1888 Online reservations Group Code: CCS www.hiexpress.com/ftwaynein	\$74 + tax Until 9/8/10 Free shuttle to/from airport Free parking Shuttle to/from Lutheran Hospital	13	F/D	Saturday 8am-6pm Sunday 8am-Noon	Cox et al
Oct 23-24, 2010	Cox® Seminar	Puerto Rico Chiro Assoc			Contact PR Chiro Assoc http://www.quiropractica-aqpr.org	E-mail: drmdueno@hotmail.com	12	PR Chiro Assoc		Cox
Nov 12-14, 2010	Cox® Technic Certification Course Part II * CERTIFICATION TEST	F/D Enterprise LLC / National University of Health Sciences	Chicago Campus NUHS Lombard IL	ORD or MDW	Preferred hotel: Hilton Lisle Naperville 3003 Corporate West Drive Lisle IL 60532 530-505-0900	From airport to hotel – Get taxi or rent car. Room Block: Cox Seminar (CCOX)\$85 a night + tax FREE SHUTTLE to/from NUHS	18	F/D	Friday, 5:30p-8:30pm Saturday, 8am-7pm Sunday, 7am-Noon	Cox et al
Dec 4-5, 2010	Cox® Seminar	NYCC Post Graduate Department	Levittown NY		NYCC Postgraduate Center Levittown NY	Call 800-434-3955	12– check with NYCC	NYCC	Saturday 12p-7p Sunday 8a-1p	Cox

CERTIFICATION – Attend a PART I and a PART II class and PASS A PRATICAL EXAM.

RE-certification– Doctors may attend any **ed course to satisfy the re-certification requirement once every two years. No test is required. Any DC or student is welcome to attend any course.

* Always confirm with the registrar in advance to be sure the course is set. See the registration page for more information.

CE hours applied for via





F/D Enterprise, LLC
 429 E. Dupont Road, PMB 98
 Fort Wayne, IN 46825

Phone: 260-637-6609 *or* 1-800-441-5571
 Fax: 260-637-7324
 Email: coxchiro@verizon.net

F/D Enterprise, LLC

*Come learn what
 DECOMPRESSION is.
 It is Chiropractic.*

Come hear the chiropractic research
 behind chiropractic decompression
 adjusting.

Come re-energize your enthusiasm for
 being a chiropractor, using your hands
 to adjust your patients.



CE hours applied for via



Program Registration — Cox® Seminars

CHECK ALL APPLICABLE SESSIONS **:

12 hours **

Certified DC – \$395/445 late*
 DC – \$465/\$515 late*
 Student – \$200/250 late*
 Faculty – \$245/295 late*

18 hours Part II **

DC – \$595/650 late*
 Certified – \$395/445 late*
 Student – \$325/375 late*
 Faculty – \$370/415 late*
 Exam fee – \$75

* Any registrations received within 2 weeks of the class date are considered late.
 ** CE hours for 1 state are included. Each additional state CE hours is \$10 per state.

- Portland OR** September 18-19, 2010
- Fort Wayne IN (III)** October 9-10, 2010 *Special proceeds to research*
 - Dinner** optional – \$75 *proceeds to research*
- Lombard IL (II)** November 12-14, 2010 **PART 2** 18 hours
 Fri 5:30pm-8:30pm; Sat 8am-7pm; Sun 7am-Noon
 Examination (optional) at Part 2 – \$75
- WORKSHOP** 4 hours special
 date: _____
 location: _____
 \$250 (\$275 late)

Name _____
 Clinic Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Fax _____

Email address _____

state	License #

Are you
 DC
 Student
 Certified DC

TO REGISTER,
MAIL completed form and check, made payable to "F/D Enterprise, LLC" to:
 F/D Enterprise, LLC /
 Cox® Seminars
 429 E. Dupont Road, PMB 98
 Fort Wayne IN 46825
 (260)637-7324
FAX (800)441-5571 or (260)637-6609
PHONE (800)441-5571 or (260)637-6609
ONLINE via www.coxtechnic.com/seminars.html

Method of Payment

Check # _____
 VISA
 Mastercard

Credit Card # _____ Exp. date _____
 Signature _____ CVV or VIN Code on back of card _____

*** Important:** Every attempt is made to offer this program as publicized. However, F/D Enterprise, LLC, and/or the NUHS Postgraduate Division reserve the right to adjust program dates, locations, times, instructors, etc., to accommodate unexpected faculty or student needs and cancel due to insufficient enrollment. For this reason, we do not recommend at-the-door registration without prior confirmation of seminar status. Attendance will be limited; please register for the program prior to making arrangements (hotel, travel). F/D Enterprise, LLC, and NUHS are not responsible for any expenses incurred by registrants due to program adjustments or cancellation. If license renewal credit is needed, please inquire if this course is approved for your state. **Registration Cancellation/Transfer Policy:** If you cannot attend a registered course, you will have a year from date of payment to use the credit paid already toward another seminar. No refunds. There is a \$30 registration transfer fee plus any difference (if applicable) in tuition for the future course. **NOTE:** Audio and video recorders are NOT permitted.

PART 1 Course – EUROPE

February 20-21, 2010

EUROPE – Preston, England

Dr, Jeff Shurr hosts and instructs this course.

Chiropractic Associates

133 Chorley Road

Walton le Dale

Preston, Lancashire England PR5 4JR

Tel: 44 (0)1772 696611

email: <mailto:backcare@provider.co.uk>

6 to 12 participants are expected.

The course hours are Saturday 9-6, Sunday 9-1 for 12 hours.

Syllabus & Procedure:

See the website <http://www.coxtechnic.com> for curriculum and cost equivalent in US dollars. Delegates can follow up with Part II in Chicago and take the certification examination with Dr. Cox and upon successful completion be listed on the website as a Cox® practitioner.

Directions:

The practice is just off junction 29 of the M6 motorway, about 45 minutes from Manchester Airport and easily reached by direct rail link (45 minutes), a 15 minute taxi ride from Preston Station. There will be a focus on hands on training giving you confidence to begin using the technique on Monday in your office!

Accommodations:

The Holiday Inn is close to the practice and near the train station, here is the web link: http://www.ichotelsgroup.com/h/d/hi/1/en/hotel/PSTLC?&GCID=S15434x001&KEYWORD=%22preston+hotels%22&cm_mmc=Google-PS-HolidayInn--BN-EMEA_Preston--preston+hotels--814801097%7C-%7C1000000000000000771472

2010 Part I Syllabus – What Is Cox® Technic? The Basis

Saturday

7:30 am	Registration
8:00 am	Biomechanics of the Human Spine <ul style="list-style-type: none">• Neuroanatomy of Spine: Normal and Painful• Dorsal Root Ganglion Pain Generation; Chemical and Mechanical Pain Generation• Vascular Ischemia - First Factor in Nerve Compression• Venous Hypertension and Atherosclerosis in Disc Degeneration• Sacroiliac Joint Pain Generation• Stenosis History and Evolution of Cox® Technic (flexion-distraction and decompression) <ul style="list-style-type: none">• Research – Completed and On-going – Outcomes – Video of Cox® flexion-distraction motion of facets• 1000 Cases Clinical Outcome Study of Low Back Pain Conditions
10:00 am	Algorithm of Decision Making for Cox® Technic <ul style="list-style-type: none">• Video of technique application
10:30 am	Case Presentations & Hands-On – patient set up, hand contact, patient position, tolerance testing, Protocol 1 [1 1/2 hours technique]
Noon	Lunch on own
1:00 pm	Examination (brief review), Video of Dr. Cox doing exam, Report of Findings tips, Spinal Nutrition
2:00 pm	Facet Syndrome: Biomechanics, Diagnosis, Treatment <ul style="list-style-type: none">• Pain Generation, Femoral Nerve Pain, & Sciatica from the Facet Joint• Orientation of the Facet Bundles• Stable and Unstable Facet Syndrome: Diagnosis and Treatment• As source of Spinal Stenosis• Treatment Goals and Expectations• Compression Fracture• Case Presentation (video) Spondylolisthesis: Biomechanics, Diagnosis, Treatment <ul style="list-style-type: none">• Instability's Influence on Clinical Outcome – Pain Generators – Treatment of True versus Degenerative – Bracing• Case Presentation (video) Tropism, Short Leg, Transitional Segment: Biomechanics, Diagnosis, Treatment <ul style="list-style-type: none">• Bertolotti's Syndrome L4-L5 Disc Lesion Predominance - Why?• Short Leg Syndrome: Occurrence, Long Leg Disc Herniation Prominence, Cause of Disc Degeneration• Tropism: Unilateral Disc Stress Producing Disc Tearing & Degeneration
3:30 pm	Case Presentations & Hands on—Protocol 2 [1 1/2 hours technique]
5 pm	Adjournment

Sunday

8 am	Effects of Cox® Technic
9 am	Case Presentation & Hands-on –Thoracic Spine Adjusting Introduction [1 hr hands-on technique]
10 am	Cervical Spine: Biomechanics, Diagnosis, Treatment with Cox® Protocol <ul style="list-style-type: none">• Anatomical Orientation of Nerve Intermediates within the Spine, Dermatomes• Vascular incidence factors in Cox® Technic• Specific treatment of stenosis, disc herniation, degeneration, subluxation, headache, whiplash
11 am	Hands-on Demonstration and Participation – Cervical Spine Adjusting Introduction [1 hr hands-on technique]
Noon	Adjournment

Schedule for Weekend Courses Taught by
James M. Cox, D.C., D.A.C.B.R.
H Joseph Dunn, D.C., D.A.C.B.N.
Lee J. Hazen, DC
George Joachim, D.C., C.C.R.D.
Ralph Kruse, D.C., D.A.C.B.O.
Jeffrey Shurr DC FICC— England UK course

Schedule may change without notice.



2010 Part II Syllabus – How is Cox® Technic applied? Emphasis is on hands-on training.

Optional exam for Certification is offered. IF YOU WANT TO BE CERTIFIED, the exam is not optional.

Schedule may change without notice.

on campus in SC1 & Gym behind pond

Friday – 3 CE hours – 5pm REGISTRATION 5:30pm–8:30pm CLASS

5 pm	Registration
5:30 pm	Intervertebral Disc Herniation Induced Stenosis <ul style="list-style-type: none">• Sciatic Nerve Anatomy• Gemelli Syndrome• Disc Herniation Size And Compression Force Correlated With Clinical Presentation• Clinical Diagnosis• Imaging: Discography, MRI, Myelogram-Enhanced CT• Lateral Flexion Disc Herniation Diagnosis
7:30 pm	Cox® Technic Adjusting Procedures–DISC [½ hr technique]
8 pm	Small Group Hands-On Training & Practice (Step-By-Step Instruction)–DISC [1/2 hrs hands-on technique]
8:30 pm	Adjournment

Saturday – 10 CE hours – 8am-Noon & 1pm-7pm

8 am	Continued Small Group Hands-On Practice (Step-By-Step Instruction) – NON-DISC [1/2 hr hands-on technique]
8:30 am	Disc lecture continues from Friday evening
11 am	R. Gudavalli – Research Project Findings
Noon	Lunch (On Your Own)
1pm	Review Of Non-Discogenic Causes Of Low Back Pain – Don't miss this! – Case Presentations
2 pm	EXAMINATION–Written Portion of Certification Examination–2 cases to review, diagnose, set treatment plan
3 pm	Patient Management & Clinical Case Presentations <ul style="list-style-type: none">• Full Spine Examination of the Back Pain Patient – establishing diagnosis & treatment protocols• Re-Examination And Re-Evaluation and Setting New Goals• Healing Time• Low Back Wellness School And Rehabilitation Procedures• Spinal Nutrition• Stabilization And Prevention of Recurrence• Report of Findings
5 pm to 7 pm	Hands-On Practice AND/OR [2 hrs technique]
5 pm to ? pm	Practical Certification Examination (Optional – by scheduled time for each)

Sunday – 5 CE hours – 7am-Noon

7 am	Cervical Spine: Biomechanics, Diagnosis, Treatment with Cox® Protocol <ul style="list-style-type: none">• Anatomical Orientation of Nerve Intermediates within the Spine• Vascular incidence factors in Cox® Technic• Update on Cervical Spine Research Projects–New!• Specific treatment of stenosis, disc herniation, degeneration, subluxation, headache, whiplash• Hands-on Demonstration and Participation [2 hrs technique]
Noon	Adjournment



Part III Syllabus – FORT WAYNE IN—October 9-10, 2010

This is always a unique course with special speakers and topics.

Tentative schedule.

*taught by
James M Cox, D.C., D.A.C.B.R.
Ram Gudavalli, PhD
et al*

Part III Syllabus * – Multidisciplinary Incorporation of Cox® Technic – *Focus: Integration & Implementation*

Saturday Morning

8am - Noon

- 1/2 hour Opening Comments
 - Published Research Literature Updates and Their Effects on Cox® Practice – **James M Cox DC DACBR**
- 2 1/2 hours The Pregnant Patient & PPOD Patient
 - The OB/GYN Perspective – **Geoff Cly MD**
 - The Chiropractic Option – **Ralph Kruse DC DABCO**
 - PPOD Patient Management – **James Browning DC**
 - A Patient Example – LIVE Pregnant PATIENT – **James M Cox DC DACBR**
- 1 hour Laser Therapy in Spinal Pain Management – **Brent Ungar DC**

Saturday Afternoon

1pm - 6pm

- 1 1/2 hours The Pre and Post Surgical Patients
 - 1 hr - Neurosurgical Surgical Options – **James Dozier MD**
 - 1/2 hr - Chiropractic Post Surgical – LIVE FBSS PATIENT – **James M Cox DC DACBR**
- 1 1/2 hours A Presentation/Discussion of Patient Case Reports – moderated by **James M Cox DC DACBR** (10 mins each)
- 2 hours Neurosurgeon's View: Non-Surgery Alternatives – **Rudy Kachmann MD**

Sunday Morning

8am - Noon

- 2 1/2 hours Cox® Technic
 - Cox® Technic Is Decompression – **James M Cox DC DACBR**
 - Cox® Technic Research Outcomes and Updates – **Ram Gudavalli PhD**
 - featuring Loyola/Palmer Cervical Spine Biomechanics research update.
 - featuring the pressure transducer to measure forces during Cox® Technic application
 - hands-on demonstration and practice
- 1 hour Rehabilitation of the Spine Pain Patient – **Jack Dolbin DC**
- 1/2 hour A Discussion of Multidisciplinary Practices' Incorporation of Cox® Technic – moderated by **James M Cox DC DACBR**
 (10 mins each)



FAQs about Cox® Seminars

[I LEARNED COX® TECHNIC IN SCHOOL. I WOULD LIKE TO JUST HAVE A HANDS-ON REFRESHER. WHAT IS THE BEST CHOICE?](#) – The **MINI-WORKSHOPS** offered by private, certified chiropractors are great for JUST HANDS-ON. The instructors will work with you to hone your application skills and discuss clinical incorporation of the technique.

[I JUST WANT TO LEARN A LITTLE BIT ABOUT COX® TECHNIC. HOW CAN I DO THAT?](#) – Attending any Part I or II or III course for 12 hours will give you a good glimpse into the research support, clinical application and outcomes you can expect using Cox® Technic.

[AM I EXEMPT FROM PART 1?](#) – Students and graduates who pass a qualified course on campuses which offer Cox® Technic courses are exempt from taking Part I if they took & passed a Cox® course taught by a certified instructor in school. The course syllabus must also be on file. Call 1-800-441-5571 to confirm.

[WHAT IS THE CERTIFICATION EXAMINATION? HOW DO I PREPARE?](#) – The exam is a case review with questions about two cases and a practical exam during which you will be expected to recognize by symptomatology the patients' conditions demanding protocol 1 or protocol 2. You will apply each protocol correctly to the correct patient type. Review Chapter 9 in the Cox *Low Back Pain* textbook (6th edition) and protocol notes from the seminar.

[HOW CAN I LEARN MORE ABOUT CERVICAL SPINE TECHNIQUE?](#) – Cervical Spine is introduced at Part I and built on with more hands-on at Part II.

[WILL I GET CE HOURS?](#) – National University of Health Sciences is the continuing education entity. CE for all states for Part I & Part II Courses are applied (except Maine, Alaska, & Oklahoma unless requested with enough advanced notice to do so).

[WHAT IS THE CERTIFICATION PROCESS?](#) – Attend one Part I course & one Part II course **and** pass the certification exam (*only offered at Part II*).

[IS PART II OFFERED ANYWHERE ELSE?](#) – No, Part II is offered only on campus at National University of Health Sciences.

[WHAT ARE THE BENEFITS OF CERTIFICATION?](#)

- Confidence in caring for the severe and routine low back patients. *Don't fear the antalgic sciatic patient.*
- Inclusion in the referral directory at www.coxtechnic.com/referrals.asp
- Prestige of public and professional positioning as the low back doctor
- Refer with confidence to fellow physicians who treat similarly to you.
- Access and permission to use specially developed marketing materials.

[I AM CERTIFIED BUT NOT ON THE ACTIVE LIST. WHY? HOW CAN I GET RE-CERTIFIED?](#)

By 1/1/07, all certified physicians (who were certified prior to 1/1/04) needed to re-certify to remain on the "actively certified" list of physicians. Emails and postal service notices were sent 4 times prior to this date. Recertification can be attained via one of these methods:

- Attend one certification course (either Part I or Part II or Part III)
- Write a patient case report (See details at www.coxtechnic.com/recertification.asp.)
- Attend a "SPECIAL COURSE" deemed "re-certification qualified" (like Maui) which may require a case report & presentation .

For all physicians re-certified and those certified after 1/1/04, *re-certification is required every two years* to maintain your listing on the "actively certified" referral list. Otherwise your listing is moved to "inactive". If we lose touch with you, mail is returned, you are put on the LOST list. Check this periodically to be sure we haven't "lost" you. Thank you!

[Comments from past attendees..](#)

- *"It will change your entire focus and cannot but help **enhance your confidence** level and knowledge level of spinal biomechanics."*
- *"The **presentation of Dr. Gudavalli's was incredible. Wow!**"*
- *"You can [sic] learn a **technique that will [sic] put you in the top 10% of the profession by being able to better diagnose ... and better treat low back conditions.** You can **increase the sophistication of your practice.**"*
- *about Dr. Cox's presentation: "His passion about chiropractic and technique is **motivating, infectious, and contagious. ... I would return next weekend and do it all over again!**"*

1-800-441-5571

www.coxtechnic.com



Cox® Technic Mini-Workshops
OUTLINE
Personalized Technique Instruction!



Day: varies by instructor
Time: varies by instructor
Date: arranged ahead of time – Check www.coxtechnic.com/calendar.asp for dates.
Instructors: [Click here to see who they are.](#)
Locations: CA, IL (Homewood and downtown Chicago), IN, NC, FL
Tuition: \$250 DC (2 weeks prior – \$25 late fee)
Sponsor: F/D Enterprise LLC 1-800-441-5571

Come *spend some time in a Cox® practitioner's office* during which you can see technique and adjunct therapies (galvanism, ultrasound, tetanizing, hot/cold, trigger point work, etc.) demonstrated and will have the chance to practice technique, explore the office set-up (rehab room, treatment rooms, exam room, x-ray room), discuss patient management, view imaging, etc. The focus will be sharing technique, especially special techniques designed for "real" patients with varied symptoms to their conditions. You can direct the focus a bit with questions. *The class size is limited to 6 to 8 participants*, so you are assured some personal attention. The instructors look forward to this new type of instruction ... *little focus on the underlying academics, much focus on treatment protocol and patient care.*

- *Cervical Spine*
- *Thoracic Spine*
- *Lumbar Spine*

Care of the Protocol 1 Patient – disc related spinal condition – and the Protocol 2 Patient – non-disc related spinal conditions will be covered thoroughly.

- Scoliosis
- Spondylolisthesis
- Pregnancy pain
- Disc herniation
- Sprain/Strain
- Stenosis
- Facet syndrome
- Failed Back Surgical Syndrome
- Tropism
- etc...

You can bring up any condition, the instructor will demonstrate its proper correction technique application.
California Continuing Education hours (4 hrs of technique) may be available for the California Workshops.

An exciting day for all!



National
University of Health Sciences

Lincoln College of Postprofessional,
Graduate & Continuing Education
200 East Roosevelt Rd ■ Lombard IL 60148
Phone 630/889-6622 ■ Fax 630/889-6482

Part II (Lombard NUHS Campus) HOTEL OPTIONS

If you do not want to stay at the HILTON LISLE (630-505-0900 / \$85 a night) which as a room block and shuttle service to/from NUHS campus to the hotel ... Airport: ORD or MDW ... then get a taxi or rent a car to get to the hotel and back to the airport.

HOTEL SUGGESTIONS

To receive any university discounts or established rates (if applicable) mention that you are with the National University of Health Sciences. This list is not inclusive of all lodging in the area, but is representative of those that are most convenient to the NUHS campus.

HAMPTON INN

222 East 22nd Street
Lombard, Illinois 60148
630/916-9000

www.hamptoninn.com

- ♦ Approx. **1 mile** south of NUHS
- ♦ **Room rate \$69**
- ♦ Local shuttle service upon request

EMBASSY SUITES HOTEL

707 East Butterfield Road
Lombard, Illinois 60148
630/969-7500

www.embassysuites.com

- ♦ Approx. **2 miles** south of NUHS
- ♦ **2 Room Suites: median rate \$179**

Residence Inn by MARRIOTT

2001 South Highland Avenue
Lombard, Illinois 60148
630/629-7800

www.marriott.com

- ♦ Approx. **1 mile** south of NUHS
- ♦ **Studio Suite: \$99.00** (weekend rate)

TownePlace Suites by MARRIOTT

455 E. 22nd Street
Lombard, Illinois 60148
630/932-4400

www.marriott.com

- ♦ Approx. **1.5 miles** south east of NUHS
- ♦ **Studio suite: \$79** (weekend rate)
- ♦ **2 bedroom suite: \$149** (weekend rate)

HYATT PLACE

2340 South Fountain Square Drive
Lombard, Illinois 60148
630/932-6501

www.HyattPlace.com

- ♦ Approx. **3 miles** south east of NUHS
- ♦ **Room rate: \$99** (weekend rate)
- ♦ Complimentary local shuttle service

WESTIN

70 Yorktown Shopping Center
Lombard, IL 60148
630/719-8000

www.Westin.com/Lombard

- ♦ Approx. **1.5 miles** south east of NUHS
- ♦ **Room rates vary**

*All Hotels listed are approximately 20 miles from O'Hare International Airport & 30 miles from Midway International Airport.

TRANSPORTATION SUGGESTIONS

American Taxi

630/920-9480

Price to/from O'Hare

Price to/from Midway

www.americantaxi.com

\$29 - 33 plus tolls*

\$38 - 41 plus tolls*

West Suburban Limo

630/668-9600

Price to/from O'Hare

Price to/from Midway

(not guaranteed private)

\$41*

\$51*

Universal Taxi

888/344-8294

Price to/from O'Hare

Price to/from Midway

www.universaltaxi.com

\$28 - 32 plus tolls*

\$36 - 38 plus tolls*

Airport Express www.airportexpress.com

888/284-3826

Price to/from O'Hare

Price to/from Midway

\$33 - 36*

\$37 - 40*

*May be additional charges for more than one passenger

*Prices are subject to change & do not necessarily include additional fuel surcharges

Train Schedules: www.metrarail.com